

From being an award-winning journalist, Michael Coutts became a chronic alcoholic and compulsive gambler. His road to self-destruction eventually takes him to the bars of remote Papua New Guinea and the casinos of tropical Australia. In the early hours of June 4, 2001, after a six-month gambling binge in which he lost his life savings, Michael wrote on a scrap of paper, "I am on the edge of total hopelessness and despair. I have finally hammered the last few nails into my coffin." The next step would have been suicide. But instead came a chain of uninvited psychic and spiritual phenomena including many instances of synchronicity "amazing, meaningful coincidences in time."™ This led to a "chance"™ meeting with a clairvoyant in Cairns, Far North Queensland. She introduces Michael to his "spirit guide/guardian angel"™. The spirit, through the medium, urges Michael to write a book on his life in order to help other alcoholics and compulsive gamblers. This fires the author's™ imagination not just to write a book but also to examine the possibilities of encouraging the spirit to materialize. To the author, unaware that he is in a vulnerable psychological condition, the idea of an actual meeting with a spirit was not as bizarre as it may sound: thirty-five years previously, as a young reporter in England, he had witnessed the ghost of a dead doctor materialize in the attic bed-sit he had rented. The author's™ "mystical"™ journey takes him to Hobart where another "chance"™ meeting with a clairvoyant occurs. The meeting leads to more strange psychic experiences and even to the European Centre for Psychic Research near London. The book is written with honesty and contains a good deal of humor. If you believe that a supernatural power exists, then this book will bring further evidence. If not, then it is almost impossible for anyone not to be overawed by the power that lies within our own mind.

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